

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Be anxious for nothing, did you notice what word is not after this statement? That word is the word “except”. We know these verses, yet we tend to insert the word “except” based upon our circumstance.

Be anxious a for nothing except when you hate your job or things aren’t going good there, or when you think you deserve a raise or promotion and haven’t gotten it.

Be anxious a for nothing except when your marriage seems impossible and you can’t take your spouse anymore so you are choosing divorce instead.

Be anxious a for nothing except when your bills are piling up and there is no food in the house.

The reality is what our devotional verses tell us what to do instead of being anxious and why we shouldn’t add the word “except”.

† ***in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.***

Or as the NLT puts it:

† **Philippians 4:6 (NLT) *Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.***

Pray about everything. Pray about your job, pray about your marriage, pray about your finances, ***pray about everything.***

And why should you? Because when you do then ***the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.***

Or simply put, once you start talking to God about it, or those things, then you stop worrying about them, because you have faith that God will take care of it. And if you have been praying about it and you are still worry or are anxious then pray this next verse in all honesty to God.

† **Mark 9:24 *Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!"***

Note the first word is ***Immediately*** which means to do it now.